

Lect. ELİF GÖKMEN

Personal Information

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International Researcher IDs

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Education

Doctorate, Selcuk University, Institute Of Health Sciences, Turkey 2020 - Continues

Postgraduate, Selcuk University, Institute Of Social Sciences, Turkey 2017 - 2020

Undergraduate, Ankara University, Faculty Of Health Sciences, Department Of Nutrition And Dietetics, Turkey 2012 - 2016

Foreign Languages

English, B2 Upper Intermediate

Dissertations

Postgraduate, Examination of the Effects of Education to Reduce Salt Intake on University Student's Salt Consumption and Knowledge, Attitude and Behaviour about Salt, Yozgat Bozok University, Yozgat Vocational School, Otel Lokanta ve İkram Hizmetleri, 2020

Research Areas

Nutrition and Dietetics

Academic Positions

Lecturer, Yozgat Bozok University, Yozgat Vocational School, Otel Lokanta ve İkram Hizmetleri, 2021 - Continues

Courses

Undergraduate

Nutrition, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022

Ebelik Uygulamaları I, Undergraduate, 2024 - 2025, 2023 - 2024, 2022 - 2023

Ebelik Uygulamaları II, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022

Yaşam Boyu Beslenme, Undergraduate, 2024 - 2025, 2023 - 2024, 2022 - 2023, 2021 - 2022

Fiziksel Aktivite ve Beslenme, Undergraduate, 2024 - 2025, 2023 - 2024, 2022 - 2023, 2021 - 2022

Hastalıklarda Beslenme, Undergraduate, 2021 - 2022

Associate Degree

Vocational Training in Business, Associate Degree, 2023 - 2024

Nutrition, Physical Activity and Health, Associate Degree, 2023 - 2024

Nutrition Principles and Menu Planning, Associate Degree, 2024 - 2025, 2023 - 2024, 2022 - 2023, 2021 - 2022

Kitchen Planning and Organization, Associate Degree, 2023 - 2024, 2021 - 2022

Mutfak Hizmetleri Yönetimi, Associate Degree, 2022 - 2023

Articles Published in Other Journals

I. Salt Consumption, Knowledge, Attitude, and Practices: The Intervention to Reduce Salt Intake on University Students

Gökmen E., Aktaş N.

Mutiara Medika: Jurnal Kedokteran dan Kesehatan, vol.24, no.2, pp.135-144, 2024 (Peer-Reviewed Journal)

Books

I. Kuru Baklagiller

Gökmen E., Aktaş N.

in: Besin hazırlama ve Pişirme Teknikleri, Prof. Dr. Nurhan Ünüsan, Editor, KTO Karatay Üniversitesi Yayınları, Konya, pp.87-102, 2022

II. An Overview into the Concept of Food Addiction

Gökmen E., Aktaş N.

in: International Research in Health Sciences, Doç. Dr. Yahya Özdoğan, Editor, Eğitim Kitabevi, Konya, pp.156-173, 2021

III. Yeme Bağımlılığı

Gökmen E., Aktaş N.

in: Sosyal Hizmet ve Bütün Yönleriyle Bağımlılık, Y. Sinan Zavalı, Editor, Grafiker Yayınları, Ankara, pp.195-212, 2020

Papers Presented at Peer-Reviewed Scientific Conferences

I. Evaluation of Public Interest in Diets in Türkiye with Google Search Volume Data

Gökmen E., Aktaş N.

XI. ULUSLARARASI BESLENME VE DİYETETİK KONGRESİ, Ankara, Turkey, 10 - 12 October 2024, no.17, pp.392-393, (Summary Text)

II. Yeme Bağımlılığı Araştırmaları: 2000-2019 Dönemi Makalelerinin İçerik Analizi

Gökmen E., Aktaş N., Eke N. H.

International Eurasian Congress on Natural Nutrition, Healthy Life & Sport, Ankara, Turkey, 2 - 06 October 2019, pp.690-697, (Full Text)

Metrics

Publication: 6

Congress and Symposium Activities

XI. INTERNATIONAL CONGRESS OF NUTRITION AND DIETETICS, Attendee, Ankara, Turkey, 2024