

Lect. ELİF GÖKMEN

Personal Information

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International Researcher IDs

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Education Information

Doctorate, Selcuk University, Institute Of Health Sciences, Turkey 2020 - Continues

Postgraduate, Selcuk University, Institute Of Social Sciences, Turkey 2017 - 2020

Undergraduate, Ankara University, Faculty Of Health Sciences, Department Of Nutrition And Dietetics, Turkey 2012 - 2016

Foreign Languages

English, B2 Upper Intermediate

Dissertations

Postgraduate, Examination of the Effects of Education to Reduce Salt Intake on University Student's Salt Consumption and Knowledge, Attitude and Behaviour about Salt, Yozgat Bozok University, Yozgat Meslek Yüksekokulu, Otel Lokanta ve İkram Hizmetleri, 2020

Research Areas

Nutrition and Dietetics

Academic Titles / Tasks

Lecturer, Yozgat Bozok University, Yozgat Meslek Yüksekokulu, Otel Lokanta ve İkram Hizmetleri, 2021 - Continues

Courses

Nutrition, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022

Vocational Training in Business, Associate Degree, 2023 - 2024

Nutrition, Physical Activity and Health, Associate Degree, 2023 - 2024

Kitchen Planning and Organization, Associate Degree, 2023 - 2024, 2021 - 2022
Nutrition Principles and Menu Planning, Associate Degree, 2023 - 2024, 2022 - 2023
Mutfak Hizmetleri Yönetimi, Associate Degree, 2022 - 2023
Yaşam Boyu Beslenme, Undergraduate, 2022 - 2023
Hastalıklarda Beslenme, Undergraduate, 2021 - 2022
Fiziksel Aktivite ve Beslenme, Undergraduate, 2021 - 2022

Books & Book Chapters

- I. **Kuru Baklagiller**
Gökmen E., Aktaş N.
in: Besin hazırlama ve Pişirme Teknikleri, Prof. Dr. Nurhan Ünüsan, Editor, KTO Karatay Üniversitesi Yayınları, Konya, pp.87-102, 2022
- II. **An Overview into the Concept of Food Addiction**
Gökmen E., Aktaş N.
in: International Research in Health Sciences, Doç. Dr. Yahya Özdoğan, Editor, Eğitim Kitabevi, Konya, pp.156-173, 2021
- III. **Yeme Bağımlılığı**
Gökmen E., Aktaş N.
in: Sosyal Hizmet ve Bütün Yönleriyle Bağımlılık, Y. Sinan Zavalı, Editor, Grafiker Yayınları, Ankara, pp.195-212, 2020

Metrics

Publication: 3