

Lect. METİN GÜMÜŞAY

Personal Information

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International Researcher IDs

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Publons / Web Of Science ResearcherID: AAR-5200-2021

Yoksis Researcher ID: 306694

Education Information

Undergraduate, Ataturk University, Açıköğretim Fakültesi, Egzersiz ve Spor Bilimleri, Turkey 2020 - Continues

Postgraduate, Mersin University, Institute Of Educational Sciences, Physical Education and Sports Education (Master) (with Thesis), Turkey 2020 - 2022

Undergraduate, Anadolu University, Faculty Of Economics, Department Of Public Administration, Turkey 2012 - 2015

Associate Degree, Anadolu University, Open Education Faculty, Department Of Office Services And Secretariat, Turkey 2011 - 2012

Certificates, Courses and Trainings

Vocational Training, Kick Boks 4. Kademe Baş Antrenör, Türkiye Kick Boks Federasyonu, 2021

Vocational Training, Kick Boks Siyah Kuşak 5. Dan, Türkiye Kick Boks Federasyonu, 2019

Vocational Training, Aikido 2. Kademe Antrenör, Türkiye Wushu Kung Fu Federasyonu, 2014

Vocational Training, Muay Thai 1. Kademe Antrenör, Türkiye Muay Thai Federasyonu, 2007

Dissertations

Postgraduate, EXAMINATION OF SPORTS MOTIVATION AND EXERCISE ADDICTION LEVELS OF KICK BOXING ATHLETES AND INDIVIDUALS REQUESTING KICK BOXING SPORTS, Mersin University, Institute Of Educational Sciences, 2022

Research Areas

Security Sciences, Physical Education and Sports, Coaching, Recreation, Sports Health Sciences

Academic Titles / Tasks

Lecturer, Yozgat Bozok University, Şefaati Meslek Yüksekokulu, Mülkiyet Koruma ve Güvenlik, 2019 - Continues

Lecturer, Yozgat Bozok University, Yerköy Adalet Meslek Yüksekokulu, Hukuk, 2018 - 2019

Academic and Administrative Experience

Head of Department, Yozgat Bozok University, Şefaati Meslek Yüksekokulu, Finans Bankacılık ve Sigortacılık, 2022 - Continues

Head of Department, Yozgat Bozok University, Şefaati Meslek Yüksekokulu, Mülkiyet Koruma ve Güvenlik, 2019 - 2022

Courses

AİKİDO, Associate Degree, 2023 - 2024, 2021 - 2022

KİCK BOKS, Undergraduate, 2023 - 2024, 2022 - 2023

Mesleki Müdahale Teknik ve Taktikleri, Associate Degree, 2023 - 2024, 2022 - 2023

Güvenlik Sistem ve Cihazları, Associate Degree, 2023 - 2024, 2022 - 2023

AİKİDO, Undergraduate, 2023 - 2024, 2022 - 2023

YAKIN SAVUNMA TEKNİK VE TAKTİKLERİ, Associate Degree, 2022 - 2023

Kişi Koruma, Associate Degree, 2023 - 2024, 2021 - 2022

BEDEN EĞİTİMİ, Undergraduate, 2022 - 2023

Özel Güvenlik Hizmetleri, Associate Degree, 2021 - 2022

İnsan Hakları, Associate Degree, 2021 - 2022

Yakın Savunma, Associate Degree, 2021 - 2022

Acil Durumlara Müdahale ve Ekip Çalışması, Associate Degree, 2021 - 2022

Yangın Güvenliği ve Tabi Afetlere Müdahale, Associate Degree, 2020 - 2021

Beden Eğitimi Ve Spor, Associate Degree, 2020 - 2021, 2019 - 2020

Orantılı Güç Kullanımı, Associate Degree, 2019 - 2020, 2018 - 2019

Jury Memberships

Competition, KİCK BOKS SİYAH KUŞAK 1,2 ,3 4 VE 5. DAN SINAVLARI - KAYSERİ, TÜRKİYE KİCK BOKS FEDERASYONU, August, 2021

Articles Published in Other Journals

- I. **A REVIEW ON THE NEED FOR INDIVIDUALIZED INSTRUCTION MODEL STUDY: FOOTBALL IS AN INDIVIDUAL GAME**
TURHAN M., GÜMÜŞAY M.
International Journal of Sports Technology and Science, vol.1, no.1, pp.35-47, 2023 (Peer-Reviewed Journal)
- II. **Kick Boks Sporcularının Rekreatif Spor İyi Oluş Düzeylerinin İncelenmesi**
GÜMÜŞAY M., KOÇ M. C., TURHAN M.
Uluslararası Spor Bilimleri Öğrenci Çalışmaları, vol.5, no.1, pp.46-59, 2023 (Peer-Reviewed Journal)
- III. **Kickboks Sporcuları ile Muaythai Sporcularının Bazı Motorik Özelliklerinin Karşılaştırılması**
GÜMÜŞAY M., AKSOY Ö., KUMAK A., REYHAN S.
Uluslararası Holistik Sağlık, Spor ve Rekreatif Dergisi, vol.1, no.1, pp.59-72, 2022 (Peer-Reviewed Journal)
- IV. **Examination of Sports Motivation and Exercise Addiction Levels of Kickboxing Athletes and Individuals Who Do Kickboxing as Recreational Activity**
Gümüşay M., Koç M. C.
JOURNAL OF PHARMACEUTICAL NEGATIVE RESULTS, vol.13, no.3, pp.1821-1833, 2022 (ESCI)
- V. **Amateur, Professional, and Recreational Kick Boxing Sport**
Gümüşay M., Koç M. C.
International Sport Science Student Studies, vol.4, no.4, pp.8-14, 2022 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **BİR BOŞ ZAMAN AKTİVİTESİ OLARAK KICK BOKS YAPANLARIN YAŞAM DOYUMLARININ İNCELENMESİ**
Gümüřay M., Koç M. C.
in: SPOR & BİLİM 2022-II, Gökmen ÖZEN,Tarkan HAVADAR, Editor, Efeakademi Yaynevi, İstanbul, pp.335-351, 2022
- II. **TAEKWONDO**
Gümüřay M.
in: Olimpik Branřlar: Yaz ve Kış Oyunları, Özdemir ATAR, Mustafa Deniz DİNDAR, Editor, Efe Akademi Yaynevi, İstanbul, pp.371-385, 2022
- III. **SAVUNMA VE DÖVÜř SPORLARINDA PSİKOLOJİK ETKİLER**
Gümüřay M.
in: REKREASYON VE SPOR:PSİKOSOSYAL ALANLARDA GÜNCEL YAKLAřIMLAR, İlimdar YALÇIN,Alican BAYRAM, Editor, Iksad Publications, Ankara, pp.113-133, 2022
- IV. **SAVUNMA VE DÖVÜř SPORU YAPAN BİREYLERİN SUÇA YÖNELİK TUTUM VE İLİřKİLERİNİN İNCELENMESİ**
Gümüřay M.
in: SPOR & BİLİM 2022-II, Gökmen ÖZEN,Tarkan HAVADAR, Editor, Efeakademi Akademi, İstanbul, pp.247-261, 2022
- V. **Investigation of the Effects of Core Training Programs on Sports Performance Parameters in Kickboxing Athletes**
Gümüřay M.
in: Current Studies in Movement and Training Sciences, Emre SERİN, Editor, Gece Kitaplıđı, Ankara, pp.1-14, 2021
- VI. **Pandemic and Exercise Strategies**
Gümüřay M., Karayazı T.
in: Holistic Health and Exercise, Mustafa Can Koç, Editor, Efe Akademi Yaynevi, İstanbul, pp.67-82, 2021

Refereed Congress / Symposium Publications in Proceedings

- I. **EXAMINATION OF RECREATIONAL SPORT WELL-BEING LEVELS OF KICK BOXING ATHLETES**
Gümüřay M., Koç M. C., Turhan M.
4 th International Recreation and Sports Management Congress, Antalya, Turkey, 17 - 20 May 2023, pp.228-229
- II. **Spor ve Ekonomi İliřkisi Hakkında Literatür Arařtırması**
Gümüřay M., Ertař S. A.
The 15th International Scientific Research Congress -Social and Educational Sciences-, Ankara, Turkey, 17 - 18 December 2022, pp.291-294
- III. **Amateur, Professional, and Recreational Kick Boxing Sport**
Gümüřay M., Koç M. C.
SEC - IASR 2022 "Spor, Eđitim, Kùltür - Bilimsel Arařtırmalarda Disiplinlerarası Yaklařımlar" 27 - 29 MAYIS, 2022, Galati, Romania, 27 May 2022

Activities in Scientific Journals

International Journal of Holistic Health, Sport and Recreation, Assistant Editor/Section Editor, 2022 - Continues

Memberships / Tasks in Scientific Organizations

Türkiye Kick Boks Federasyonu Eğitim Kurulu, Member, 2022 - Continues, Turkey

Metrics

Publication: 14

Congress and Symposium Activities

The 6th Edition of the International Conference SEC – IASR 2022, Attendee, Galati, Romania, 2022

Coaching Duties

Amateur Club, Yozgat Gençlik Spor İl Müdürlüğü, Kick Boks Antrenörü EYS KAPSAMINDA, 2024 - Continues

National Team, TÜRKİYE KICK BOKS MİLLİ TAKIMI, 2017 - Continues

Amateur Club, Yozgat Takım Antrenörü, Türkiye Kick Boks Şampiyonası, Antalya , 2024 - 2024

Amateur Club, Yozgat Halk Eğitim Merkezi Müdürlüğü, Kick Boks Kurs Antrenörü, 2023 - 2024

Amateur Club, Yozgat Gençlik Spor İl Müdürlüğü Kick Boks Takım Antrenörü, 2023 - 2023

Refereeing Duties

ULUSLARARASI DÜNYA VE AVRUPA KEMER MAÇLARI-Professional Club Matches, 2012

Representation and Promotion Activities

Institutional Representation, Dimitrie Cantemir Christian University, Bucharest, Romania, Bucuresti, 2022 - 2022

Non Academic Experience

SİVAS GENÇLİK HİZMETLERİ VE SPOR İL MÜDÜRLÜĞÜ

GENÇLİK VE SPOR BAKANLIĞI/ TÜRKİYE KICK BOKS FEDERSYONU

GENÇLİK VE SPOR BAKANLIĞI / TÜRKİYE KICK BOKS FEDERASYONU

ADALET BAKANLIĞI CEZA TEVKİF EVLERİ GENEL MÜDÜRLÜĞÜ

CUMHURİYET ÜNİVERSİTESİ