

## Lect. METİN GÜMÜŞAY

### Personal Information

**Office Phone:** [+90 354 564 4007](tel:+903545644007) Extension: 7211

**Fax Phone:** [+90 354 564 3387](tel:+903545643387)

**Email:** [metin.gumusay@bozok.edu.tr](mailto:metin.gumusay@bozok.edu.tr)

**Other Email:** [metin.gumusay@yobu.edu.tr](mailto:metin.gumusay@yobu.edu.tr)

**Web:** <https://avesis.bozok.edu.tr/metin.gumusay>

### International Researcher IDs

ScholarID: uxPa3TsAAAAJ

ORCID: 0000-0003-4677-0951

Publons / Web Of Science ResearcherID: AAR-5200-2021

Yoksis Researcher ID: 306694

### Education Information

Doctorate, Erciyes University, Spor Bilimleri Fakültesi, Turkey 2024 - Continues

Undergraduate, Ataturk University, Açıköğretim Fakültesi, Egzersiz ve Spor Bilimleri, Turkey 2020 - 2024

Postgraduate, Mersin University, Institute Of Educational Sciences, Physical Education and Sports Education (Master) (with Thesis), Turkey 2020 - 2022

Undergraduate, Anadolu University, Faculty Of Economics, Department Of Public Administration, Turkey 2012 - 2015

Associate Degree, Anadolu University, Open Education Faculty, Department Of Office Services And Secretariat, Turkey 2011 - 2012

### Certificates, Courses and Trainings

Vocational Training, Kick Boks Siyah Kuşak 6. Dan, Türkiye Kick Boks Federasyonu, 2025

Vocational Training, Kick Boks 5. Kademe Teknik Direktör, Türkiye Kick Boks Federasyonu, 2025

Vocational Training, Ju Jitsu Siyah Kuşak 2. Dan, Türkiye Muay Thai Federasyonu Ju Jitsu Spor Dalı, 2024

Vocational Training, Kick Boks Siyah Kuşak 5. Dan, Türkiye Kick Boks Federasyonu, 2019

Vocational Training, Aikido 2. Kademe Antrenör, Türkiye Wushu Kung Fu Federasyonu, 2014

Vocational Training, Muay Thai 1. Kademe Antrenör, Türkiye Muay Thai Federasyonu, 2007

### Dissertations

Postgraduate, EXAMINATION OF SPORTS MOTIVATION AND EXERCISE ADDICTION LEVELS OF KICK BOXING ATHLETES AND INDIVIDUALS REQUESTING KICK BOXING SPORTS, Mersin University, Institute Of Educational Sciences, 2022

### Research Areas

Physical Education and Sports, Coaching, Recreation, Sports Health Sciences

## Academic Titles / Tasks

Lecturer, Yozgat Bozok University, Şefaati Vocational School, Mülkiyet Koruma ve Güvenlik, 2019 - Continues

Lecturer, Yozgat Bozok University, Yerköy Adalet Meslek Yüksekokulu, Hukuk, 2018 - 2019

## Academic and Administrative Experience

Head of Department, Yozgat Bozok University, Şefaati Vocational School, Finans Bankacılık ve Sigortacılık, 2022 - Continues

Head of Department, Yozgat Bozok University, Şefaati Vocational School, Mülkiyet Koruma ve Güvenlik, 2019 - 2022

## Courses

### Undergraduate

KICK BOKS, Undergraduate, 2023 - 2024, 2022 - 2023

AİKİDO, Undergraduate, 2023 - 2024, 2022 - 2023

BEDEN EĞİTİMİ, Undergraduate, 2022 - 2023

### Associate Degree

AİKİDO, Associate Degree, 2023 - 2024, 2021 - 2022

Mesleki Müdahale Teknik ve Taktikleri, Associate Degree, 2023 - 2024, 2022 - 2023

Güvenlik Sistem ve Cihazları, Associate Degree, 2023 - 2024, 2022 - 2023

YAKIN SAVUNMA TEKNİK VE TAKTİKLERİ, Associate Degree, 2022 - 2023

Kişi Koruma, Associate Degree, 2023 - 2024, 2021 - 2022

Özel Güvenlik Hizmetleri, Associate Degree, 2021 - 2022

İnsan Hakları, Associate Degree, 2021 - 2022

Yakın Savunma, Associate Degree, 2021 - 2022

Acil Durumlara Müdahale ve Ekip Çalışması, Associate Degree, 2021 - 2022

Yangın Güvenliği ve Tabi Afetlere Müdahale, Associate Degree, 2020 - 2021

Beden Eğitimi Ve Spor, Associate Degree, 2020 - 2021, 2019 - 2020

Orantılı Güç Kullanımı, Associate Degree, 2019 - 2020, 2018 - 2019

## Jury Memberships

Competition, KICK BOKS SİYAH KUŞAK 1,2 ,3 4 VE 5. DAN SINAVLARI - KAYSERİ, TÜRKİYE KICK BOKS FEDERASYONU, August, 2021

## Articles Published in Other Journals

- I. **The Effect of Media on Violent Behavior of Football Team Fans**  
Turhan M., Gümüşay M.  
International Journal of Sports Engineering and Biotechnology, vol.2, no.2, pp.68-78, 2024 (Peer-Reviewed Journal)
- II. **A REVIEW ON THE NEED FOR INDIVIDUALIZED INSTRUCTION MODEL STUDY: FOOTBALL IS AN INDIVIDUAL GAME**  
TURHAN M., GÜMÜŞAY M.  
International Journal of Sports Technology and Science, vol.1, no.1, pp.35-47, 2023 (Peer-Reviewed Journal)
- III. **Kick Boks Sporcularının Rekreatyonel Spor İyi Oluş Düzeylerinin İncelenmesi**  
GÜMÜŞAY M., KOÇ M. C., TURHAN M.  
Uluslararası Spor Bilimleri Öğrenci Çalışmaları, vol.5, no.1, pp.46-59, 2023 (Peer-Reviewed Journal)

- IV. **Kickboks Sporcuları ile Muaythai Sporcularının Bazı Motorik Özelliklerinin Karşılaştırılması**  
GÜMÜŞAY M., AKSOY Ö., KUMAK A., REYHAN S.  
Uluslararası Holistik Sağlık, Spor ve Rekreasyon Dergisi, vol.1, no.1, pp.59-72, 2022 (Peer-Reviewed Journal)
- V. **Examination of Sports Motivation and Exercise Addiction Levels of Kickboxing Athletes and Individuals Who Do Kickboxing as Recreational Activity**  
Gümüşay M., Koç M. C.  
JOURNAL OF PHARMACEUTICAL NEGATIVE RESULTS, vol.13, no.3, pp.1821-1833, 2022 (ESCI)
- VI. **Amateur, Professional, and Recreational Kick Boxing Sport**  
Gümüşay M., Koç M. C.  
International Sport Science Student Studies, vol.4, no.4, pp.8-14, 2022 (Peer-Reviewed Journal)

## Books

- I. **BİR BOŞ ZAMAN AKTİVİTESİ OLARAK KICK BOKS YAPANLARIN YAŞAM DOYUMLARININ İNCELENMESİ**  
Gümüşay M., Koç M. C.  
in: SPOR & BİLİM 2022-II, Gökmen ÖZEN, Tarkan HAVADAR, Editor, Efeakademi Yayınevi, İstanbul, pp.335-351, 2022
- II. **TAEKWONDO**  
Gümüşay M.  
in: Olimpik Branşlar: Yaz ve Kış Oyunları, Özdemir ATAR, Mustafa Deniz DİNDAR, Editor, Efe Akademi Yayınevi, İstanbul, pp.371-385, 2022
- III. **SAVUNMA VE DÖVÜŞ SPORLARINDA PSİKOLOJİK ETKİLER**  
Gümüşay M.  
in: REKREASYON VE SPOR: PSİKOSOSYAL ALANLARDA GÜNCEL YAKLAŞIMLAR, İlimdar YALÇIN, Alican BAYRAM, Editor, Iksad Publications, Ankara, pp.113-133, 2022
- IV. **SAVUNMA VE DÖVÜŞ SPORU YAPAN BİREYLERİN SUÇA YÖNELİK TUTUM VE İLİŞKİLERİNİN İNCELENMESİ**  
Gümüşay M.  
in: SPOR & BİLİM 2022-II, Gökmen ÖZEN, Tarkan HAVADAR, Editor, Efeakademi Akademi, İstanbul, pp.247-261, 2022
- V. **Investigation of the Effects of Core Training Programs on Sports Performance Parameters in Kickboxing Athletes**  
Gümüşay M.  
in: Current Studies in Movement and Training Sciences, Emre SERİN, Editor, Gece Kitaplığı, Ankara, pp.1-14, 2021
- VI. **Pandemic and Exercise Strategies**  
Gümüşay M., Karayazı T.  
in: Holistic Health and Exercise, Mustafa Can Koç, Editor, Efe Akademi Yayınevi, İstanbul, pp.67-82, 2021

## Papers Published in Refereed Scientific Meetings

- I. **EXAMINATION OF RECREATIONAL SPORT WELL-BEING LEVELS OF KICK BOXING ATHLETES**  
Gümüşay M., Koç M. C., Turhan M.  
4 th International Recreation and Sports Management Congress, Antalya, Turkey, 17 - 20 May 2023, pp.228-229
- II. **Spor ve Ekonomi İlişkisi Hakkında Literatür Araştırması**  
Gümüşay M., Ertaş S. A.  
The 15th International Scientific Research Congress -Social and Educational Sciences-, Ankara, Turkey, 17 - 18 December 2022, pp.291-294
- III. **Amateur, Professional, and Recreational Kick Boxing Sport**

Gümüřay M., Koç M. C.

SEC – IASR 2022 "Spor, Eđitim, Kùltür - Bilimsel Arařtırmalarda Disiplinlerarası Yaklařımlar" 27 – 29 MAYIS, 2022, Galati, Romania, 27 May 2022

## Activities in Scientific Journals

International Journal of Holistic Health, Sport and Recreation, Assistant Editor/Section Editor, 2022 - Continues

## Memberships / Tasks in Scientific Organizations

Tùrkiye Kick Boks Federasyonu Eđitim Kurulu, Member, 2022 - Continues, Turkey

## Metrics

Publication: 15

## Congress and Symposium Activities

The 6th Edition of the International Conference SEC – IASR 2022, Attendee, Galati, Romania, 2022

## Coaching Duties

Amateur Club, Yozgat Gençlık Spor İl Müdürlüđü, Kick Boks Antrenörü EYS KAPSAMINDA, 2024 - Continues

National Team, TÜRKİYE KICK BOKS MİLLİ TAKIMI, 2017 - Continues

Amateur Club, Yozgat Takım Antrenörü, Türkiye Kick Boks Şampiyonası, Antalya , 2024 - 2024

Amateur Club, Yozgat Halk Eđitim Merkezi Müdürlüđü, Kick Boks Kurs Antrenörü, 2023 - 2024

Amateur Club, Yozgat Gençlık Spor İl Müdürlüđü Kick Boks Takım Antrenörü, 2023 - 2023

## Refereeing Duties

ULUSLARARASI DÜNYA VE AVRUPA KEMER MAÇLARI-Professional Club Matches, 2012

## Representation and Promotion Activities

Institutional Representation, Dimitrie Cantemir Christian University, Bucharest, Romania, Bucuresti, 2022 - 2022

## Non Academic Experience

Public Corporation, YOZGAT GENÇLİK VE SPOR İL MÜDÜRLÜĐÜ, EĐİTİM BİRİMİ, KICK BOKS ANTRENÖRÜ

SİVAS GENÇLİK HİZMETLERİ VE SPOR İL MÜDÜRLÜĐÜ, FAHRİ AİKİDO ANTRENÖRÜ

GENÇLİK VE SPOR BAKANLIĐI/ TÜRKİYE KICK BOKS FEDERSYONU, SİVAS KICK BOKS İL TEMSİLCİSİ

GENÇLİK VE SPOR BAKANLIĐI / TÜRKİYE KICK BOKS FEDERASYONU, MİLLİ TAKIM ANTRENÖRÜ

ADALET BAKANLIĐI CEZA TEVKİF EVLERİ GENEL MÜDÜRLÜĐÜ, İNFAZ KORUMA MEMURU

CUMHURİYET ÜNİVERSİTESİ, ÖZEL GÜVENLİK VE KORUMA