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Education Information

Post Doctorate of Medicine, Ankara University, Ankara Tıp Pr., Turkey 1980 - 1983

Undergraduate, Ankara University, Tıp Fakültesi, Tıp Pr., Turkey 1969 - 1975

Academic Titles / Tasks

Professor, Yozgat Bozok University, Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü, 2016 - Continues

Advising Theses

ARAL Y., Hashimoto tiroiditinde serum eser element ve vitamin düzeylerinin değerlendirilmesi, Post Doctorate of Medicine, F.DİLEK(Student), 2011

ARAL Y., Polikistik over sendromlu hastalar ve obez hastalarda angiotensin konverting enzim,renin aldosteron düzeyi ile insülin direnci arasındaki ilişki, Post Doctorate of Medicine, Z.ALPHAN(Student), 2011

ARAL Y., Yeni bir adipositokin: visfatin obezite ve metabolik sendrom ile ilişkisi, Expertise In Medicine, S.GÖRAR(Student), 2007

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **The relationship between oxytocin-copeptin levels and cognition-anxiety in patients with type I diabetes mellitus**
Omma T., Gulcelik N. E., Karaca A., Cakir I., Kan S., Culha C., Koc G., Aral Y., Kilinc A.
INTERNATIONAL JOURNAL OF DIABETES IN DEVELOPING COUNTRIES, vol.43, no.4, pp.606-612, 2023 (SCI-Expanded)
- II. **Intensifying Iodine Deficiency Throughout Trimesters of Pregnancy in a Borderline Iodine-Sufficient Urban Area, Ankara, Turkey**
Aktas A. K., Canpolat A. G., Aydin U., Yilmaz H., Aydogan B. I., Erkenekli K., Koc G., ARAL Y., Erdogan M. F.
BIOLOGICAL TRACE ELEMENT RESEARCH, vol.200, no.6, pp.2667-2672, 2022 (SCI-Expanded)
- III. **HDL subgroups and their paraoxonase-1 activity in the obese, overweight and normal weight subjects**
Dogan K., Senes M., Karaca A., Kayalp D., KAN S., Gulcelik N. E., ARAL Y., Yucel D.
INTERNATIONAL JOURNAL OF CLINICAL PRACTICE, vol.75, no.12, 2021 (SCI-Expanded)
- IV. **The increase of neuropathic symptoms in diabetic patients is related with osteopenia**
Borekci E., Kara A., KILIÇ M., TANIK N., OZAN Z. T., YILDIRIM T., ARAL Y.

NEUROLOGICAL SCIENCES, vol.42, no.7, pp.2873-2880, 2021 (SCI-Expanded)

- V. **Topical and Systemic Effects of N-acetyl Cysteine on Wound Healing in a Diabetic Rat Model**
Ozkaya H., Omma T., Bag Y. M., Uzunoglu K., Isildak M., Duymus M. E., Kismet K., Senes M., Fidanci V., Celepli P., et al.
WOUNDS-A COMPENDIUM OF CLINICAL RESEARCH AND PRACTICE, vol.31, no.4, pp.91-96, 2019 (SCI-Expanded)
- VI. **The effect of hyperglycemic peak induced by oral glucose tolerance test on the oxidant and antioxidant levels**
YILDIRIM T., Gocmen Y., OZAN Z. T., Borekci E., TURAN E., ARAL Y.
TURKISH JOURNAL OF MEDICAL SCIENCES, vol.49, no.6, pp.1742-1747, 2019 (SCI-Expanded)
- VII. **Low levels of circulating platelet factor 4 (PF4, CXCL4) in subclinically hypothyroid autoimmune thyroiditis**
GÖRAR S., ADEMOĞLU E., ÇARLIOĞLU A., ALİOĞLU B., BEKDEMİR H., SAĞLAM B., CANDAN Z., ÜÇLER R., ÇULHA C., ARAL Y.
JOURNAL OF ENDOCRINOLOGICAL INVESTIGATION, vol.39, no.2, pp.185-189, 2016 (SCI-Expanded)

Articles Published in Other Journals

- I. **Foot Self-Care Behavior in Patients with Diabetes**
TURAN E., ÖNALAN R., Çay İşçimen N., OZAN Z. T., YILDIRIM T., ARAL Y.
Journal of Social Health and Diabetes, vol.8, no.1, pp.13-17, 2020 (Peer-Reviewed Journal)
- II. **Is metabolic syndrome related to postmenopausal osteoporosis? A retrospective study**
TURAN E., KIZILKAYA H., ARAL Y.
ARCHIVES OF CLINICAL AND EXPERIMENTAL MEDICINE, vol.2, no.3, pp.71-74, 2018 (Peer-Reviewed Journal)
- III. **Uyku Apne Sendromu ve Endokrinoloji**
TURAN E., ARAL Y.
Bozok Tıp Dergisi, pp.53-57, 2018 (Peer-Reviewed Journal)
- IV. **Oral antidiyabetik kullanan tip 2 diyabetli hastalarda homosistein düzeyi ve homosistein yüksekliği ile ilişkili faktörler**
KAYA R., SUNAY D., ÜÇ ALPHAN Z., ARAL Y., AKKUŞ M. A.
Türkiye Aile Hekimliği Dergisi, vol.21, no.1, pp.17-25, 2017 (Peer-Reviewed Journal)

Metrics

Publication: 11

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